Huma Chaudhry

CLINICAL REGISTERED DIETITIAN FOOD BLOGGER | MEDIA DIETITIAN | **RECIPE CREATOR**

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@doseofnutrition

Let's work together!

www.doseofnutrition.com



VIEW MY ARTICLES & FEATURES HERE!

My Services

- Recipe development
- Online media features
- Sponsored social posts
- Food videography
- Food photography
- Food demos
- Wellness presentations

Please request service rate card via email!

Brands I have partnered/ collaborated with: Click on photo for examples!

GARDEN OF FLAVOR VALLEY FIG





I'm Huma Chaudhry, a virtual clinical dietitian with a passion for leveraging my

expertise on various social platforms as a content creator, recipe developer,

media expert, and food blogger. My content is all about evidence-based

nutrition education, easy and customizable recipes for busy families, and

interactive nutrition resources to help individuals make informed food choices in

today's world. What sets my content apart is my love for celebrating cultural

fusion flavors in many of my recipes, which resonates deeply with my diverse

audience. My nutrition philosophy focuses on balanced, plant-focused, and

mindful eating to achieve optimal well-being throughout our lives.



YASSO

VITAL PROTEIN



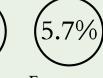
GROWING MY AUDIENCE!

Interests: Busy individuals that are drawn to easy, healthy, customizable, and flavorful recipes as well as accessible nutritious product recommendations.



25-34 Age





RECOGNITION: FOODMINDS NUTRITION INFLUENCER UPWARD WINNER 2021

From US

Women

83%

Engagement

CHECK OUT MY INTERVIEW HERE