

Huma Chaudhry

CLINICAL REGISTERED DIETITIAN |
FOOD BLOGGER | MEDIA DIETITIAN |
RECIPE CREATOR

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AS SEEN IN



[VIEW MY ARTICLES & FEATURES HERE!](#)

Let's work together!

I'm Huma Chaudhry, a virtual clinical dietitian with a passion for leveraging my expertise on various social platforms as a content creator, recipe developer, media expert, and food blogger. My content is all about evidence-based nutrition education, easy and customizable recipes for busy families, and interactive nutrition resources to help individuals make informed food choices in today's world. What sets my content apart is my love for celebrating cultural fusion flavors in many of my recipes, which resonates deeply with my diverse audience. My nutrition philosophy focuses on balanced, plant-focused, and mindful eating to achieve optimal well-being throughout our lives.

My Services

- Recipe development
- Online media features
- Sponsored social posts
- Food videography
- Food photography
- Food demos
- Wellness presentations

Please request service rate card via email!

Brands I have partnered/ collaborated with: Click on photo for examples!

GARDEN OF FLAVOR



VALLEY FIG



NATURE'S FYND



YASSO



VITAL PROTEIN



GROWING MY AUDIENCE!

Interests: Busy individuals that are drawn to easy, healthy, customizable, and flavorful recipes as well as accessible nutritious product recommendations.



From US



Age



Women



Engagement

RECOGNITION:

FOODMINDS NUTRITION INFLUENCER UPWARD
WINNER 2021

[CHECK OUT MY INTERVIEW HERE](#)